# JOB DESCRIPTION

## Occupational Therapist Band 5



## 1. JOB DETAILS

**Job Title:** Occupational Therapist

**Department:** Client Services

**Location:** Combat Stress Treatment Centre/Hub & outreach hubs as

required

Band: 5

**Status:** As per contract

**Hours:** As per contract

**Reporting to:** Senior Occupational Therapist/Occupational Therapist Band 6

### 2. OVERALL PURPOSE

- To support the development of an effective wellbeing programme with a clear recovery focus.
- Working innovatively to ensure the programme evolves and develops in line with the evidence base.

#### 3. <u>KEY RESPONSIBILITIES</u>

#### **Management responsibilities**

- Providing specialist occupational therapy clinical expertise.
- To deputise for the band 6 Occupational Therapy Lead.
- To contribute to the development of policies and procedures within the organisation, especially in relation to the Wellbeing Programme.
- To contribute to the ongoing development and implementation of the Wellbeing Programme.
- To participate in the recruitment and selection of junior staff.
- To promote and contribute to the development of the service within a culture of change.

#### **Clinical Responsibilities**

- To carry out OT assessment and interventions on both a 1: 1 and group work basis using robust theoretical and evidence based models.
- To participate as a dynamic and innovative member of the multi-disciplinary team.
- To provide effective liaison with community services.
- To contribute to the whole system treatment planning process, developing, implementing and evaluating treatment and encouraging and supporting service users to define their treatment needs.
- To formulate and adhere to risk assessments and management plans ensuring that appropriate risk documentation is completed and available to appropriate individuals.
- To facilitate and co-facilitate psycho educational groups.
- To contribute to multi disciplinary and multi agency clinical meetings ensuring they are relevant and effective.
- To contribute to the development of treatment programmes within the centre.
- To contribute to the development and delivery of the 'Recovery and Social Reintegration Breaks' and attend on a residential basis.
- To collate performance and outcome data and submit reports as requested.
- To contribute to the development of comprehensive care packages and to the
  process of effective discharge planning, working collaboratively with the Community
  Outreach team and other voluntary and statutory professionals involved in the
  Veterans' care.
- To receive and participate in clinical supervision in accordance with policy.
- To promote the health and wellbeing of Veterans and maintain a safe, caring and therapeutic environment.
- To promote and maintain excellent standards of care within the clinical governance framework.
- To support other MDT staff to provide interventions that are recovery focused and promote social inclusion.
- To promote the empowerment and education of service users in relation to their own recovery and wellbeing.

#### **Administrative responsibilities**

 To keep clinical records up to date and in accordance with legislation and the policies of the Charity.

- To assist with the development and co-ordination of outcome monitoring systems and collation of data.
- To produce high quality letters and reports about a Veterans' treatment.
- To use Information Management and Technology effectively in accordance with the policies of the Organisation.
- To complete incident reporting in accordance with the policies of Combat Stress.

#### **Audit and Research**

- To plan and participate in audit of clinical practice and assist with data collection for research.
- To implement audit and research findings to deliver evidence based practice.

#### **Education and Training**

- To undertake mandatory training and appropriate training identified through supervision and appraisal.
- To lead and participate in the development and delivery of training within the team and to other professionals and agencies.
- To identify own training and developmental needs and participate in a personal development plan to meet identified needs.
- To provide mentorship to students on placement.
- To offer support and guidance to junior staff.

#### 4. RISK MANAGEMENT

All staff have a responsibility to manage risk within their sphere of responsibility. It is a statutory duty to take reasonable care of their own safety and the safety of others who may be affected by acts or omissions.

As an employee of Combat Stress you are required to be risk aware, readily able to identify risks faced by you and by Combat Stress in the course of your day-to-day employment. Where a new risk is identified it is to be reported through your line manager.

We reserve the right to ask you from time to time to undertake any other reasonable duties as required within this role.

Signature – Job Holder	Date
Signature – Line Manager	Date

Reviewed/created: February 2018 Next review date: February 2019